

Ease of Caregiving for Children

Description: The Ease of Caregiving for Children is a parent-completed measure of how difficult it is for them to safely help their children participate in activities of daily living.

Instructions for Parents:

Please think about HOW DIFFICULT it is for YOU to SAFELY HELP YOUR CHILD to do activities of daily living. When thinking about how difficult it is for you, please consider the following things:

- Safety
- Physical demands on you
- Your confidence about providing the help
- The time needed to complete the activity

You have 5 choices for answering the questions on the next page:

5. **No help is needed** – Your child does the activity of daily living without the help of an adult.
4. **No difficulty** – You help your child and you have no difficulty providing help.
3. **A Little difficulty** – You help your child and you have only a little difficulty providing help.
2. **Somewhat difficult** – You help your child and providing help is somewhat difficult.
1. **Very difficult** – You help your child and providing help is very difficult.

CIRCLE THE ANSWER THAT DESCRIBES YOUR CHILD.

HOW DIFFICULT IS IT FOR YOU TO SAFELY HELP YOUR CHILD.....

Ease 1: to move at home and in the community?	5	4	3	2	1
Ease 2: to position for sleeping?	5	4	3	2	1
Ease 3: to position for feeding?	5	4	3	2	1

Ease 4: to position for bathing?	5	4	3	2	1	
Ease 5: to position for playing?	5	4	3	2	1	
Ease 6: to put on / take off clothing?	5	4	3	2	1	
Ease 7: to put on / take off an orthosis or brace (if applicable)?	Not applicable	5	4	3	2	1
Ease 8: to bathe / clean and tidy?	5	4	3	2	1	
Ease 9: to use the potty or toilet, or for you to change his/her diapers?	5	4	3	2	1	
Ease 10: to eat?	5	4	3	2	1	
Ease 11: to drink?	5	4	3	2	1	
Ease 12: to get in and out of a car / van / bus?	5	4	3	2	1	

Scoring Instructions and Conversion Table

Sum the raw scores on the 12 items and use the following chart to determine the scaled score.

Summed Raw Score	Scaled Score	Summed Raw Score	Scaled Score	Summed Raw Score	Scaled Score
60	100.0	43	51.5	26	34.5
59	89.6	42	50.2	25	33.5
58	83.2	41	49.0	24	32.5
57	79.0	40	47.9	23	31.4
56	75.7	39	46.8	22	30.3
55	73.0	38	45.8	21	29.2
54	70.5	37	44.8	20	27.9

53	68.2	36	43.8	19	26.6
52	66.1	35	42.8	18	25.0
51	64.1	34	41.9	17	23.4
50	62.3	33	40.9	16	21.3
49	60.5	32	40.0	15	18.8
48	58.7	31	39.1	14	15.4
47	57.1	30	38.2	13	9.7
46	55.6	29	37.3	12	0.0
45	54.1	28	36.4		
44	52.8	27	35.5		

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Reference:

Ward, KD, Chiarello, LA, Bartlett, DJ, Palisano, RJ, McCoy SW, Avery, L. (2014). Ease of Caregiving for Children: A measure of parent perceptions of the physical demands of caregiving for young children with cerebral palsy. *Research in Developmental Disabilities*. 35(12), 3403-3415. (doi: 10.1016/j.ridd.2014.08.023).