

# THE F-WORDS BY CANCHILD

Let's get to know each other!



## The Dance Ability Movement

### FUNCTION

This is what we do! This includes doing things in a way that works best for you and may not be similar to the way others do things!

- How do you do things? (i.e. ask for help)
- How do you communicate?
- How do you learn?

### FAMILY

Families are the experts in their child's wants and needs! Family represents the essential "environment" of all children.

- Who do you live with?
- Do you have pets?
- Who might bring you to dance class?

### FITNESS

How we stay physically active, such as through dance!

- What activities do you enjoy doing?
- How do you stay healthy?
- What do you like to do for exercise?

### FUN

Any activities you enjoy participating in, such as our dance classes and how to make them fun for all!

- What do you enjoy doing for fun?
- What are your interests?
- What is your favourite song?

### FRIENDS

The friendships that are created through enrolment at The Dance Ability Movement!

- What do you like doing with your friends?
- What can I do to enhance your child's opportunity to develop meaningful connections with other dancers?
- Do you have friends who dance?

### FUTURE

Parents and dancers' expectations and dreams for their future!

- Do you want to go on stage/perform?
- What are you looking forward to doing?
- What do you want to be when you grow up?

The 'F-words' by CanChild focuses on **six** key areas of child development which you will see below- **Fun, Friends, Family, Fitness, Function,** and **Future.**

As you fill out the F-words Collage activity by CanChild, please use this graphic to help you further understand what each F-word means to you, and what it could mean to your dancer. We have added questions for your own consideration, as well as questions that you can ask your dancer and/or their family. This is a great way for everyone to get to know each other and identify what is important to them, while also learning about the F-words and how it will be used during your role as a volunteer!