

Partnering for Change

Summary Report

Stakeholder Alliance Symposium #3
March 4, 2010

PARTNERING FOR CHANGE STUDY Stakeholder Symposium

March 4, 2010

On Thursday, March 4, 2010 48 stakeholders representing parents, teachers, service providers and decision makers in the "Partnering for Change" (PFC) project participated in a symposium at McMaster University. The purpose of this symposium was to review progress, share emerging insights and develop preliminary strategies to ensure the effective rollout and uptake of research findings.

Activities and deliberations at the 4.5 hour facilitated session included the following:

- Welcoming remarks from the Principal Decision Maker
- A presentation of emerging findings by the Principal Investigator
- Small group discussions to identify driving and restraining forces having an impact on the successful uptake of the study findings
- A visioning exercise to describe a preferred future for the project and its stakeholders
- Structured brainstorming to identify potential initiatives
- Breakout group work, followed by presentations and plenary discussions to develop preliminary action plans related to identified themes
- Activities to identify expectations, commitments and evidence requirements flowing from the project

This report documents the work done at the session.

Prepared by:

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and the Partnering for Change team

March 16, 2010

SESSION AGENDA

10:00 a.m. Introduction

- Welcoming remarks Cathy Hecimovich, Principal Decision-Maker
- Session overview and facilitation plan

10:15 a.m. Project Update

- Preliminary findings Cheryl Missiuna, Principal Investigator
- Feedback from our key stakeholders

10:45 a.m. **Maintaining the Momentum**

- Challenges and opportunities
- Driving and restraining forces
- Structured brainstorming to identify approaches and initiatives
- Identification of action themes

11:45 a.m. **Action Planning**

- Self-assignment to breakout groups
- Groups identify action plans for identified themes

12:00 p.m. Working Lunch

Group work continues

1:00 p.m. Action Planning Continued

• Group reports with discussion, clarification and consensus identification

1:30 p.m. **Expectations and Commitments**

- "Give/Get" exercise
- Compelling evidence

2:15 p.m. **Moving Forward**

- Next steps with accountabilities and time frames
- Format of session report
- Closing remarks

STUDY UPDATE

Cheryl Missiuna presented an update on the pilot and demonstration phases of the study. For details on the pilot study results and the demonstration project prior to November 2009, please download our Stakeholder Newsletter.

(http://www.canchild.ca/en/ourresearch/resources/StakeholderNewsletterNovember09.pdf)

The study is currently in the Demonstration Phase of the project (September 2009-June 2010)

- 8 Occupational Therapists (OTs) are now working in 11 schools in 2 school boards enhancing teacher and parent capacity
- OTs in classroom as a "coach" to the teacher (focus on JK to Grade 3)
- OTs facilitating early identification and screening
- OTs providing strategies/suggestions/information to teachers
- OTs sharing information with parents of children who have motor coordination challenges

Themes arising thus far from Teachers, Administration and Parents of participating schools were presented:

- Community capacity is being enhanced
- · Parents and teachers are more involved
- Teachers feel comfortable and empowered to speak to parents
- Early intervention helps
- "Little things" make a big difference
- Improved student achievement has been noted
- Identifying motor challenges changes teacher perception
- Educators from pilot school implemented suggestions in second year
- Schools are pleased with OT support to teachers, students and parents

Themes arising from OTs delivering this model

- · Enhanced capacity of school in second year
- Connecting with parents on a regular basis
- Enhancing capacity of teachers and students
- OTs excited about the success they are seeing in the schools

The Demonstration study will continue until the end of the school year (June 2010). In the Fall of 2010, we will connect with participating teachers and parents to see if capacity has been enhanced. Symposium 4 will take place in the late Fall to share the study results and outcomes with Stakeholders.

We welcome the participation of all stakeholders in this symposium in order to determine how we can best maintain the positive momentum of this project.

DRIVING AND RESTRAINING FORCES

Based on a concurrent breakout group activity, groups were asked to identify environmental factors that would facilitate uptake of the Partnering for Change model and the forces that might potentially prevent the model from being rolled out provincially.

Forces Driving Current Uptake of Research Findings ...

- Model is successful.
- Positive feedback from participants and stakeholders
- Advocacy of parents and teachers who have experienced and liked model
- Increasing awareness of parents about Developmental Coordination Disorder (DCD) and about what is possible
- Funding available
- Local partnerships
- Mental health advocacy groups (recognizing the secondary mental health issues)
- Networking in community
- Review of School Health Support Services (SHSS) is underway
- Useful existing relationships with stakeholders
- Movement towards action research

Restraining forces ...

- Lack of funding
- Ministry policies and procedures
- College of Occupational Therapists of Ontario (COTO) standards
- Potential teacher resistance?
- Low priority of government on children's issues, policy focus on seniors
- Competing interests and demands on teachers
- Lack of coordination between government ministries
- Little multidisciplinary involvement, disciplines working in isolation
- Demographic variations across province (e.g. urban vs. rural)

PARTNERING FOR CHANGE IN 2013

This was a visioning activity where each stakeholder wrote headlines that they would like to see appearing in newspapers on March 4, 2013. Headlines were then clustered into themes. Participants were able to write more than one headline.

Provincial Scope

MINISTRIES OF HEALTH AND EDUCATION DELIVER OT IN ONTARIO SCHOOLS PROGRESSIVE EVIDENCE BASED MODEL USED ACROSS THE PROVINCE CANCHILD RESEARCH PROGRAM AN EFFICIENT AND EFFECTIVE MODEL MINISTRY IMPLEMENTS OCCUPATIONAL THERAPISTS (OTs) IN CLASSROOMS ACROSS ONTARIO PARTNERING FOR CHANGE STUDY ADOPTED PROVINCE WIDE PARTNERING FOR CHANGE A UNIVERSAL MODEL OF SCHOOL/HEALTHCARE PARTNERSHIPS PFC A LEADING CUTTING EDGE DELIVERY MODEL FOR HEALTH SERVICES IN SCHOOLS PROVINCE-WIDE ADOPTION OF NEW MODEL FOR SCHOOL HEALTH SUPPORT SERVICES

Successful Outcomes

COLLABORATIVE APPROACH CREATES SUCCESS FOR CHILDREN AT SCHOOL "I KNEW I COULD" ALL STUDENTS SUCCEED IN HALTON

CHILD ONCE DIAGNOSED WITH DCD BRINGS HOME OLYMPIC GOLD!

SMALL CHANGES MAKE A BIG DIFFERENCE

HAPPY CHILDREN, CLASSROOMS, COMMUNITIES LEAD TO BETTER SOCIETY CHILDREN HAVE MORE POSITIVE OUTLOOK THROUGH PARTNERING FOR CHANGE CHILDREN MAKING INCREDIBLE GAINS DUE TO NEW PROJECT RUN IN ONTARIO TEAM WORK PAYS OFF FOR CHILDREN WITH MOTOR CHALLENGES PARTNERSHIPS LEAD TO IMPROVED LIVES FOR CHILDREN WITH COORDINATION ISSUES CHILDREN ONCE LOST NOW FOUND - AND DOING GREAT! STUDENT ACHIEVEMENT SOARS WITH OT SUPPORT DECLINE IN ADOLESCENT DEPRESSION LINKED TO NEW DELIVERY MODEL

Stakeholder Engagement

TEACHERS PARTNERING WITH OTS TEACH STUDENTS NEW WAYS TO ACHIEVE SUCCESS SCHOOL BOARDS WITH OTs IN CLASSROOM PERFORMING BETTER TEACHERS EMPOWERED TO ADAPT STRATEGIES IN CLASSROOM OTs RECOGNIZED FOR THEIR HARD WORK AND BENEFITS IN EDUCATION

PARTNERING FOR CHANGE IN 2013 (Cont'd)

PARENTS LOVE THE HELP THEIR CHILDREN RECEIVE AT SCHOOL

NEW TRAINING PROGRAM IN MOTOR DEVELOPMENT IN TEACHER COLLEGE CURRICULUM

OTS ENHANCING CHILDREN'S CAPACITY IN THE CLASSROOM

PARTNERING FOR CHANGE NOW PART OF TEACHER'S INSERVICE EXPERIENCE

PARENTS EMPOWERED TO IMPLEMENT STRATEGIES IN VARIOUS SETTINGS

SUPPORT SERVICES HELP TEACHERS PROVIDE EDUCATION

ONTARIO TEACHERS TRAINED ON MAXIMIZING POTENTIAL OF SPECIAL NEEDS KIDSWAIT

LISTS DOWN AND SATISFACTION UP IN SHSS

PARTNERSHIPS BETWEEN EDUCATION AND HEALTH HELP KIDS SUCCEED AT SCHOOL

TEACHERS THANKFUL FOR GREAT IDEAS THAT HELP THEIR STUDENTS

INTERPROFESSIONAL TEAMS IN PLACE IN ALL SCHOOLS IN ONTARIO

Sustainability

CUTTING EDGE PARTNERING FOR CHANGE PROGRAM RECEIVES ONGOING FUNDING GOVERNMENT ROLLING OUT MORE CUSTOMIZED SUPPORT FOR STUDENTS MINISTRY OF HEALTH (MOH) FUNDS NEW MODEL FOR DELIVERY OF OT SERVICES TO SCHOOLS

EARLY IDENTIFICATION AND INTERVENTION IN PLACE
FINAL BARRIERS REMOVED TO CHILDREN ACCESSING NEEDED SUPPORTS
MULTI-LEVEL SERVICES AVAILABLE AS APPROPRIATE FOR CHILD'S NEEDS
MINISTRY ANNOUNCES PROVINCE-WIDE FUNDING FOR OT SERVICES IN SCHOOLS
CCAC FUNDING FOR OT AND SPEECH LANGUAGE PATHOLOGY (SLP) SERVICES GIVEN TO
SCHOOL BOARDS

SOLID STRUCTURES FOR SUSTAINABILITY OF PFC PROGRAM IMPLEMENTED

SUGGESTED INITIATIVES

Based on a concurrent structured brainstorming activity, ideas were generated on a free-response basis as suggestions of initiatives that might contribute to the sustainability of the project. Participants then individually allocated "votes" to each of the priority initiatives.

- Measure and report outcomes of model (30 votes)
- Involve faculties of education and professional bodies (26 votes)
- Review and change Ontario funding models (20 votes)
- Provide sustainable and stable funding for SHSS (15 votes)
- Multiple ministry support (15 votes)
- Targeted funding for model (15 votes)

SUGGESTED INITIATIVES (Cont'd)

- Broaden to include other professionals e.g. Speech Language Pathologists (SLPs), Physiotherapists (PTs) (15 votes)
- Tie to move to JK/SK (11 votes)
- Make children a priority (10 votes)
- Social marketing campaign to increase awareness (10 votes)
- Funding from MOH (9 votes)
- Provide input to SHSS review (7 votes)
- Measure cost benefit (7 votes)
- General public education (8 votes)
- Leverage Early Learning program (7 votes)
- Government lobbying (6 votes)
- Increase physician awareness of DCD (5 votes)
- Advocate for inter-ministerial cooperation (5 votes)
- Highlight this model as "best practice" (5 votes)
- Evidence-based model (6 votes)
- Leadership (5 votes)
- Public awareness (4 votes)
- Integrate across age groups and transitions (4 votes)
- Knowledge translation strategies (8 votes)
- Collaboration around curriculum development (4 votes)
- Expand to include other diagnoses (4 votes)
- Interdisciplinary collaboration (4 votes)
- Increase teacher training (5 votes)
- Increase OT training (5 votes)
- Tie project to government priorities (3 votes)
- Articles in Ontario College of Teachers and OT publications (3 votes)
- Funding from Ministry of Education (3 votes)
- Emphasize health promotion vs. medical model (3 votes)
- Share with parent community (3 votes)
- Parents appeal for funding from ministries (2 votes)
- Multiple partnerships health, educ., social services, MOH (2 votes)
- Share knowledge nationally and internationally (2 votes)
- Involve faculties of education (2 votes)
- Identify key gaps in existing Service Delivery (SD) models (2 votes)
- Work with COTO to ensure alignment with rules and regulations (2 votes)
- Support throughout the year (2 votes)
- Parent outreach (2 votes)
- Increase OT awareness of classroom issues (1 vote)
- Strategically identify decision makers (1 vote)
- Collect student voices as outcome (1 vote)
- Child and family-centred approach (1 vote)
- Approach other boards

BREAKOUT GROUP REPORTS

Topics were identified based upon stakeholder feedback about the early findings and the themes that emerged from the first few activities. Participants then self-selected working groups.

Funding

- 1. Cost-benefit analysis
 - Evidence-based funding
 - Stable
 - Effectiveness/best outcomes
 - Value for your dollar, system, person
- 2. Review and change current funding models
 - Currently no dedicated funding along lines
 - CCACs need to change process
 - Change service delivery models
 - Waitlist strategies especially OT and SLP
 - Move away from fee-for-service model
 - Collaborative funding model with three Ministries involved
- 3. Sustainable funding
 - Protected funding for SHSS
 - Targeted funding
 - Multi-year funding
 - · Cannot plan for future until funding is secured
- 4. Equitable access to funding
 - Public and Private
 - Home school

Discussion

- Need to move away from fee-for-service model in order to retain good health professionals
- Motivation in fee-for-service is to see more kids and this does not emphasize quality

Increase Awareness

Target Groups

- MDs, educators, general public, Ministries (Education, Health, MCYS), psychologists, physiotherapists, SLPs
- American Psychiatric Association: Need to keep DCD in Diagnostic and Statistical Manual on Mental Disorders V (DSM V)

BREAKOUT GROUP REPORTS (Cont'd)

<u>Strategies</u>

- Support strong parent advocacy groups
- Teacher and health care professional education
- Public education
- Workshops
- On-line resources
- Handouts/brochures for MD offices, schools, public health, Early Learning Centres
- Other groups e.g. Autism (ASD), Attention Deficit Hyperactivity Disorder (ADHD)
 have more awareness, perhaps because more visible in class need to emphasize
 why we are concerned about DCD

Discussion

- Important to flag kids with DCD early to target secondary issues (obesity, depression, etc.)
- Focus on function in the classroom environment, rather than on diagnosis
- Emphasize that very small changes can make a huge difference in the long term
- Increase awareness to parents that they are not alone in this and can advocate for their children

Educate

Who

 Policy makers, medical professionals, parents, public, teachers, EAs, student teachers, OT students, existing OTs, early childhood educators, unions, COTO, advisory groups, CCACs, children

How

- Media campaign to create awareness among public and policy makers
- Educate on location of resources (websites, research, articles)
- Sustain education needs
- Empowering teachers vs. fixing kids
- Consolidate resources/revamp for other sources
- Student OTs link practice i.e. DCD, ASD with school boards
- Continuing education board in-services
- Lunch and learns
- After school sessions for parents and teachers
- Integrate links to school board websites, parent council newsletter

Discussion

- The process and the PFC service delivery model could be used for any issue in the school, not just DCD
- Media campaigns need to run each year need to keep the buzz going
- Competing with other disorders, need to address functioning on a broad level

BREAKOUT GROUP REPORTS (Cont'd)

- Educate using a robust website, i.e. CanChild's website
- Cost benefit huge benefits for a small cost intervention

Advocacy

- 1. Identify what we want to achieve
 - Targeted early identification/intervention for kids with DCD
 - Interventions based on best practices, evidence, cost-effectiveness
- 2. Identify the message
 - Unified, consistent message
 - Alignment with government priorities e.g. mental health, early years, success for children
 - What is DCD? What is the impact on quality of life?
 - What is not working now?
 - How would targeted plan change things?
 - Outcomes what do we want to be moving towards?
- 3. Identify decision makers
 - LHINs, MOH, Ministry Of Education (MOE), Ministry of Health Promotion (MHP), Ministry of Child and Youth Services (MCYS)
- 4. Identify advocates
 - Parents (key group), teachers, therapists, physicians, psychologists, community agencies, associations
- 5. Identify tools
 - Newsletters, articles, internet, existing research, outcomes, public awareness, existing networks

Challenges

- In Ontario, only MDs and psychologists can assess and diagnose DCD but many lack awareness
- Silos and funding
- Parents don't always have the knowledge to identify that their children have a problem
- Need to know existing networks to be able to advocate

Multidisciplinary

- 1. Investigate having a common language
 - Having a common understanding and vision (family centred care)
 - What is success?

BREAKOUT GROUP REPORTS (Cont'd)

- 2. Incremental expansion of Partnering for Change model
 - What and who is next?
 - Building on evidence
- 3. Identifying who all the interdisciplinary members might be
 - What unique perspective do people bring?
- 4. Multidisciplinary program at all levels
 - Policy, program development, etc.
 - Need multidisciplinary team
- 5. Multidisciplinary evaluation will be required

Program Integration

Integration has meaning on many levels

- Integration of OT service into schools
- Integration of multiple school professions and programs to meet a common goal

Infrastructure funding should consider needs of children:

Unique services for a few	
Necessary service for some	
Good for all kids	

Discussion

- The PFC project focuses on the bottom of the pyramid that affects a lot of children, therefore important to move forward
- COTO has recognized this type of service delivery as an emerging area of practice and that they are prepared to work supportively to address issues

Policy

- Health policy request for proposal and fee for service needs to change
- Individual eligibility needs to move toward population-based approach
- Child and Family Services Act (CFSA) needs to be addressed, and the MCYS Act
- In Education, Policy/Program Memorandum (PPM) 81 would need to be looked at
- PPM 11 policy around screening, need to look at this in re: early identification
- PPM 140 addresses multidisciplinary supports
- Need continued conversations with policy makers and dialogue around our goals vs. their goals

Discussion

 Need to determine what the existing specific policies are in the province that are creating barriers and give our suggestions

COMMITMENTS AND EXPECTATIONS

Flip chart exercise. Participants worked in groups, according to their stakeholder role and outlined what they were prepared to give or contribute to the sustainability of the model and what they expected to receive if the model was sustained.

	Prepared to Give	Expect to Get
Teachers	Time and energy	Learning resources
	 Knowledge and resources 	 Increased knowledge
	 Support and patience 	Support
	Open mind	 Student success
	Curriculum expertise	Equipment
	Mentoring	 Adaptive strategies
	 Feedback and suggestions 	 Increased parent awareness
Service	 Knowledge and empowerment 	 Improved outcomes
Providers	 Input to College re: emerging 	Broad impact
	role	 Job satisfaction
	 Support and mentorship of OTs 	 Sustainable employment
	new to role	 Increased early intervention
	 Education to student OTs 	 Increased OT awareness
	 New tools and methods 	
Health	Time to project	Evidence based outcomes
Decision	 Permission to be innovative 	Best practice
Makers	 Resources for further research 	Funding
	Approved funding	Recognition
	Strategic leadership	 Better health outcomes
	Policy direction	 Data to support decision-
	Equitable access	making
	Flexibility	 Sustainable/equitable system
Education	Time and space	Collaborative service delivery
Decision	 Exposure to Health Care (HC) 	 Long term commitment
Makers	education	Early intervention
	 Access to information 	 Mindset of child/environment/
	 Alignment to current structures 	student
		 Increased parent advocacy
Parents	Insights on day-to-day struggles	Happy, well adjusted children
	of these children (provide	 Empower children to advocate
	"stories")	on their own behalf
	Profile of what works well	Productive citizens who
	Motivated children	contribute to society

COMPELLING EVIDENCE – Success Factors and Outcome Indicators

Participants completed cards individually outlining what they would perceive to be "compelling evidence" of success of the model for their stakeholder group.

Teachers	 Improvement in children's fine and gross motor skills Less frustration and greater self confidence Fewer referrals for OT services Data regarding student outcomes Increased student independence levels Improved learning skills Improved graduation rates Student success (report cards) Higher achievement test scores
Service Providers	 Children able to access accommodations Success in daily living Increased awareness of DCD Increased teacher knowledge of strategies Demonstrated improvement in self-esteem and specific school tasks
Health Decision	Cost/benefit
Makers	Evidence-based outcomesWaitlist strategies
	Collaborative funding
	Student success
Education Decision	Case study documentation
Makers	Cost/benefit
	Longitudinal monitoring
	Increased teacher knowledge
	Positive evaluations by participants Incidence rates of as marked in the participants.
	 Incidence rates of co-morbidity Hard evidence that students are improving
	·
Parents	Funding to provide services
	Public awareness increased
	Parent support groups In area and acceptance at a fine the distance area.
	 Increased success stories in the literature Child case studies with scores tracked over time
	Crilia case studies with scores tracked over time

Appendix
CanChild 'Partnering for Change' Symposium
March 4, 2010

PARTICIPANT INFORMATION LIST

PARTICIPANT INFORMATION LIST			
Participant	Affiliation		
Jennifer Anstiss	Parent representative		
Jackie Bajus*	Hamilton Wentworth Catholic District School Board		
Mary Beaudoin 🦫	CanChild		
Debra Bell*	Ministry of Health and Long Term Care		
Krista Benedetti*	Teacher representative		
Sheila Bennett 🦫	Brock University		
Judith Bishop	Hamilton Wentworth District School Board		
Trudy Blugerman*	Ministry of Education		
David Boag*	Halton District School Board		
John Cairney 🦫	McMaster University		
Wenonah Campbell 🦫	CanChild		
Jane Cleve*	Ministry of Children and Youth Services		
Lynn Corbey	Community Rehab		
Allison Corcoran	OT representative		
Vicki Corcoran*	Hamilton-Wentworth District School Board		
Maureen Cox	Ministry of Education		
Debbie Csernyei	Halton Catholic District School Board		
Christina Daly	Halton Catholic District School Board		
Scott Davies	McMaster University		
Cindy DeCola 🧦	CanChild		
Christina DeRoche	McMaster University		
Sue Durst*	Ministry of Education		
Robin Gaines 🥍	Children's Hospital of Eastern Ontario		
Les Galambos*	Hamilton Wentworth Catholic District School Board		
Heather Gataveckas	Halton District School Board		
Veronica Ghazarian	OT representative		
Deb Haworth-Csermak*	OT representative		
Cathy Hecimovich 💃	Mississauga-Halton Community Care Access Centre		
Gillian Hogan*	OACRS representative		
Carolyn Hitchinson	Mississauga-Halton Community Care Access Centre		
Maggie Hughes-Wilmot*	Parent representative		
Mary lannuzziello*	Ministry of Health and Long Term Care		
Fran Izon	Mississauga-Halton Community Care Access Centre		
Debbie Jones-Snyders	Community Rehab		
Shone Joos*	OT representative		
Deb Kennedy*	York District School Board		
Lisa Kilner*	University of Western Ontario		
Kajsa Klassen	Parent representative		
Carolyn Koekkoek	Halton District School Board		
Lynda Kozak	Halton District School Board		
Nancy Kula*	Mississauga-Halton Community Care Access Centre		
Jennifer Kustra*	Parent representative		
Danielle Levac 🧚	CanChild		
Sharon Lott	Hamilton Niagara Haldimand Brant Community Care Access Centre		
Dan McDougald	Grand Erie District School Board		
Sharon McWhirter*	Toronto District School Board		
Brigitte Mertling*	Parent representative		
Lisa Mesbur*	Ministry of Education		
Cheryl Missiuna 🧦	CanChild		
Elizabeth Molinaro 🧦	Parent representative		

Partnering for Change Symposium #3 March 4 2010: Report

Sandra Montgomery (Dell)* Ministry of Education

Charlotte Moore* Ministry of Health and Long Term Care

Peggy Nethery* Special Education Resource Teacher representative

Cheryl Nicholson* OT representative

Margaret Paan Central West Community Care Access Centre

Michele Paci* Teacher representative
Christina Petterson* Halton District School Board
Steve Pilibbossian Halton District School Board

Nancy Pollock * CanChild

Sonia Rahman Ministry of Children and Youth Services

Peter Rosenbaum * CanChild

Suzanne Rossini Halton Catholic District School Board

Dianne Russell * CanChild

Barbara Ruttan Community Rehab Sandi Sahagian Whalen OT representative

Marceline Sammut Halton District School Board

Joanne Schmidt OT representative

Jutta Schafler Argao* Mississauga-Halton Community Care Access Centre

Kelly Shepherd Halton District School Board

David Sheridan Facilitator

Carolyn Shilton Grand Erie District School Board

Lorie Shimmell School of Rehabilitation Science, McMaster University

Jenny Siemon * CanChild

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Willie Stanger* Mississauga-Halton Community Care Access Centre
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^{*} member of research team

^{*} unable to attend this Symposium