I Want to Participate In...

Music Lessons

I would like to: learn to enjoy and appreciate music learn to be comfortable with an instrument learn to be comfortable with performing in front of others learn to read notes/music build my confidence learn to read notes/music build my confidence learn to read notes/music learn to read note	Name:	:			Age					
□ learn to enjoy and appreciate music □ learn to be comfortable with an instrument □ learn to be comfortable with performing in front of others □ learn to read notes/music □ build my confidence □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	My go	al(s) for	nusic les	<u>sons</u>						
learn to be comfortable with an instrument learn to be comfortable with performing in front of others learn to read notes/music build my confidence	I woul	ld like to:								
What I already know about music: On a scale from 1 to 10, I would rate my comfort level with music lessons as: 1		learn to learn to learn to	be comfo be comfo read not	ortable v ortable v es/musi	vith an instrur vith performir		ont of ot	hers		
What I already know about music: On a scale from 1 to 10, I would rate my comfort level with music lessons as: 1										
What I already know about music:										<u> </u>
On a scale from 1 to 10, I would rate my comfort level with music lessons as: 1	ш									
Things that may make it challenging for me to participate in music lessons: managing the noise in the music room leaving parent/caregiver and joining music teacher in the class listening to instructions following instructions being easily frustrated when learning to play a new instrument coordinating eyes and hands when learning to play a new instrument establishing/following a regular practice routine										
Things that may make it challenging for me to participate in music lessons: managing the noise in the music room leaving parent/caregiver and joining music teacher in the class listening to instructions following instructions being easily frustrated when learning to play a new instrument coordinating eyes and hands when learning to play a new instrument establishing/following a regular practice routine										
 □ managing the noise in the music room □ leaving parent/caregiver and joining music teacher in the class □ listening to instructions □ following instructions □ being easily frustrated when learning to play a new instrument □ coordinating eyes and hands when learning to play a new instrument □ establishing/following a regular practice routine 	On a s	cale fron	1 to 10,	I would	rate my comfo	ort leve	l with m	usic less	ons as:	10
\sqcap	On a so	cale fron 2	1 to 10,	I would	rate my comfo 5 Somewhat	ort leve	l with m	usic less	ons as:	10 Extremely
	On a so	cale from 2 e s that ma managi leaving listenin followin being e coordin	1 to 10, 3 y make it ng the no parent/c g to instruct asily frus ating eye	I would 4 challent aregiver uctions ctions trated wes	rate my comformate my comformate comfortable ging for me to be music room and joining mand joining mands when learning ands when learning and and a second control of the learning and a second control of the	ort leve 6 partici nusic te	l with m 7 pate in n eacher in	ausic less 8 music les the clas	ons as: 9 sons:	10 Extremely Comfortable





I Want to Participate In...

Music Lessons

You can help me to participate successfully in music lessons by thinking about:

The w	ay you interact with me:
	giving me short, simple, step-by-step instructions
	giving me more time to understand you
	using pictures to show me what you would like me to do
	showing me how to do the activity while using words to describe it
	praising me when I make progress
	giving me hand-over-hand assistance
	giving me clear and specific feedback about my performance
The ac	ctivity:
	breaking down skills into smaller steps and teaching me one step at a time
	giving me frequent breaks
	changing the structure of the activity
	shortening the length of the activity
	relaxing the rules (if this is possible)
	modifying or adapting the equipment
The er	nvironment:
	providing a support person to assist me
	giving me more room to maneuver my wheelchair or walker
	providing a quiet corner for me to calm down if things get overwhelming
	changing the setting where the activity happens
	pairing me up with another peer in the class
	placing me in a smaller class
	asking me about where the best place is for me to sit so that I can see and hear well

A Resource from *CanChild's* Participation Knowledge Hub https://www.canchild.ca/en/research-in-practice/participation-knowledge-hub



