

I Want to Participate In...

My Activity

Name: _____ Age: _____

I want to participate in _____.

My experience with this activity:

- I have not seen or tried this activity before
- I have watched this activity either in person or on television
- I have attempted this activity and had some fun with family/friends
- I have practiced this activity but haven't officially learned how to play
- _____

What I know about this activity:

Parts of the activity I can already do:

Why I want to do this activity:

A Resource from *CanChild's* Participation Knowledge Hub
<https://www.canchild.ca/en/research-in-practice/participation-knowledge-hub>