

Halton Region Inclusion Services
(Community Living Burlington, Community Living North Halton, Halton Region)
Leading Questions for the F Words Family Plan

<u>Fun</u>	<ul style="list-style-type: none"> • Tell me what it looks like when your child is having fun. • What does your family do for fun? • What sort of activities do you enjoy? • What makes your child happy? • What are your child's interests?
<u>Family</u>	<ul style="list-style-type: none"> • Tell me about your day (routines, transitions). • Tell me how your child participates/engages in these activities? • What do you enjoy about your child? • What are your family's interests? • What do you like to do together as a family? • Who is there to support you? (family, friends, community, agencies) • How is the family adjusting to the new arrival? • Are you and/or your family involved in any community programs?
<u>Fitness</u>	<ul style="list-style-type: none"> • Tell me about the types of active things your child likes to do? (Health and well-being). • What does your family like to do? Outside? • How does your child like to explore his/her environment? • Does your child participate in any recreational activities? What may be preventing this participation?
<u>Function</u>	<ul style="list-style-type: none"> • Tell me what your child is really great at doing? • What does your child like to play with? How long will you child stay engaged in an activity? • How does your child let you know what they want/like? • How does your child communicate with you? • How do you soothe/calm your child? What strategies work best to calm your child when they are upset? (self-regulation) • How does your child work through/express strong emotions? • Describe any challenges that your child might be having with his/her daily routines, such as mealtimes/feeding, diapering/toileting, sleeping, dressing/undressing. (self-care)
<u>Friends</u>	<ul style="list-style-type: none"> • Tell me about your child's relationship with others? <ul style="list-style-type: none"> ○ How does your child respond/react to others (family, friends, child care, or strangers)? • Does your child enjoy being with other children? • How does your child engage with others? • How can you tell if you child feels like they belong? • How would you describe your child in a social setting? Shy, outgoing, cautious, assertive, slow to warm up? <ul style="list-style-type: none"> ○ Can you describe your child's temperament? (Slow to warm, outgoing, cautious, easy going). • Are you satisfied with how your child functions in a social setting, such as a community group, school, party, park, family get together?
<u>Future/Next steps</u>	<ul style="list-style-type: none"> • What are your thoughts going forward? • What are your dreams for your family, yourself and your child? • What do you need more of? • What do you need less of?

Goals

1. _____

2. _____

