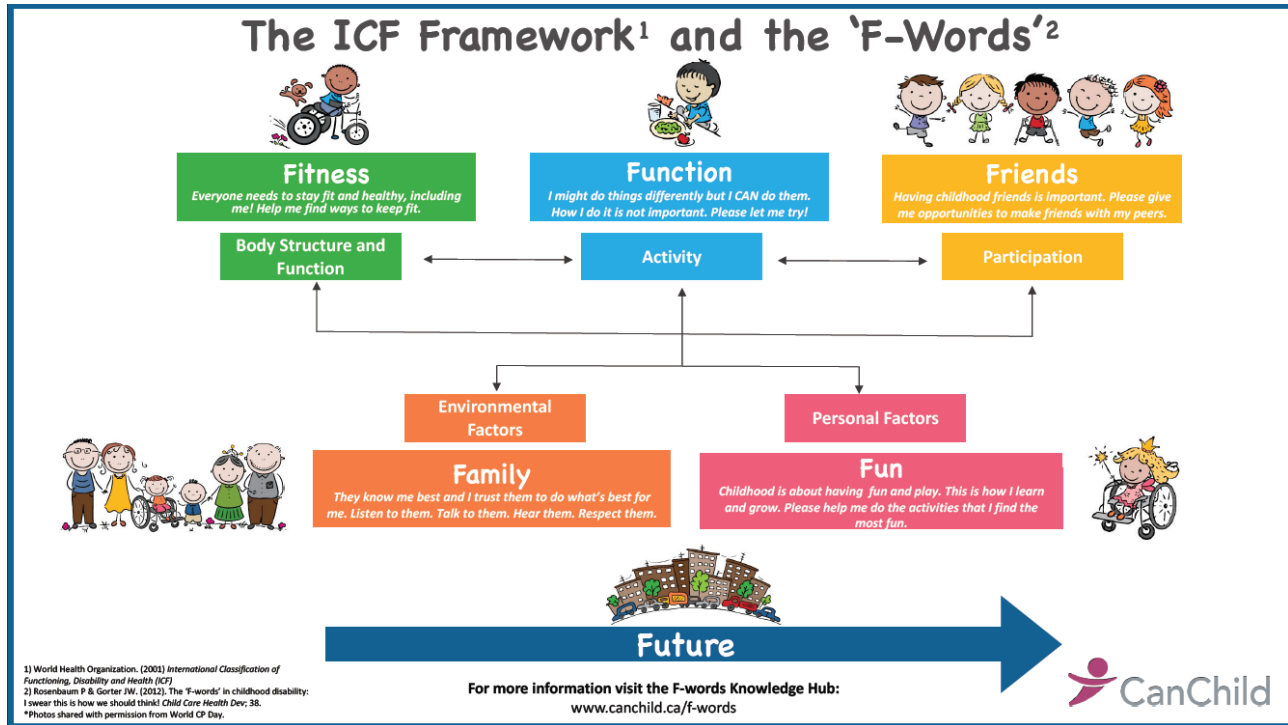


F-words ...an Introduction at Orientation for Staff

In 2012, Dr. Rosenbaum and Dr. Gorter published a paper titled: "The 'F-words' in Childhood Disability: I swear this is how we should think!" Inspired by over two decades of *CanChild* research and discussion amongst members of the *CanChild* family, the paper presents F-words that align with the International Classification of Functioning, but are far friendlier to families and services providers. The F-words: Function, Family, Fitness, Fun, Friends, and Future are a framework for shared discussion around goals as families and service providers partner in rehabilitation and developmental services. No one F-word is more important than another. Pathways Health Centre for Children encourages staff to adopt the F-words framework in working with the families we serve.



- FUNCTION** refers to what people do - how things are done is not what is important; synonyms include 'role', 'job', 'task', etc. (for children, 'play' is their 'work')
- FAMILY** represents the essential 'environment' of all children
- FITNESS** refers to how children stay physically active, including exercise and other recreational opportunities
- FUN** includes particular activities children are involved in or enjoy participating in
- FRIENDS** refers to the friendships established with peers; social development is an essential aspect of personhood
- FUTURE** is what child development is all about; it refers to parents and children's expectations and dreams for their future

- Please watch CanChild Video - 'My Favorite Words' <https://vimeo.com/252166407>
- Please watch CanChild Video - 'These 6 F words wont fill up your swear jar...' <https://vimeo.com/236235559>

F-words Tools

Various F-words Tools have been created to help move the F-words into practice. These are available on the CanChild website <https://www.canchild.ca/en/research-in-practice/f-words-in-childhood-disability/f-words-tools>. Please feel free to download, use, and share the tools in your own practice.