The ICF Framework and the F-Words

Body Structure and Function

Everyone needs to stay fit and healthy, including me! Help me find ways to keep fit.

Activity

I might do things differently but I CAN do them. How I do it is not important. Please let me try!

Participation

Having friends is important. Please give me opportunities to make friends with my peers.

Environmental Factors

They know me best and I trust them to do what’s best for me. Listen to them. Talk to them. Hear them. Respect them.

Family

Fun

Life is about having fun. Please help me do the activities that I find the most fun.

Personal Factors

Future

I will grow up one day, so please find ways for me to develop independence and be included in my community.

For more information visit the F-words Knowledge Hub:
www.canchild.ca/f-words

2) Rosenbaum P & Gorter JW. (2012). The ‘F-words’ in childhood disability: I swear this is how we should think! Child Care Health Dev; 38.