## GMFM-66- B&C (BASAL & CEILING)<sup>1</sup> SCORE SHEET FOR THE GROSS MOTOR FUNCTION MEASURE (GMFM-66)

Child's Name:		ID#:						
Assessment Date:		GMFCS Level <sup>2:</sup>						
	year / month / day							
Date of Birth:		I	11	111	IV	V		
	year / month / day							
Chronological Age:		Evaluator's Name:						
	year / month / day							
Testing Condition (e.g., r	room, clothing, time, others present):							

The GMFM is a standardized observational instrument designed and validated to measure change in gross motor function over time in children with cerebral palsy. The scoring key is meant to be a general guideline. However, most of the items have specific descriptors for each score. It is imperative that the guidelines contained in the manual be used for scoring each item.

**SCORING KEY** 

0 = does not initiate

1 = initiates

2 = partially completes

3 = completes

9 (or leave blank) = not tested (NT) [used for the GMAE-2 scoring\*]

It is important to differentiate a true score of "0" (child does not initiate) from an item which is Not Tested (NT) if you are interested in using the GMFM-66 Ability Estimator (GMAE) Software.

The most accurate version of the GMFM-66 scoring program is the GMAE-3. It is included in the GMFM App+ which is available from the CanChild shop (<a href="https://www.canchild.ca/en/shop">https://www.canchild.ca/en/shop</a>). The GMAE-2 is available at <a href="https://www.canchild.ca">www.canchild.ca</a> but is incompatible with newer computer operating systems. The GMFM-66 is only valid for use with children who have cerebral palsy tested without shoes, orthoses, or aides.

## MINIMUM REQUIRED SCORING

3 consecutive "3s" as basal; 3 consecutive "0s" as ceiling (except for potential floor and ceiling effects for children in levels V and I)

Scoring of all items between basal and ceiling

Minimum of 15 items total

## USE THE SUGGESTED STARTING POINTS FOR AGE AND GMFCS AS A GUIDE ONLY

<sup>1</sup>For an explanation of the Basal & Ceiling approach please see: Brunton, L. K., Bartlett, D. J. (2011). Validity and Reliability of Two Abbreviated Versions of the Gross Motor Function Measure. *Physical Therapy* 91: 577-588.

<sup>2</sup>GMFCS level is a rating of severity of motor function. Definitions for the GMFCS-E&R (expanded & revised) are found in Palisano, R., Rosenbaum, P., Bartlett, D., Livingston, M. (2008). Content validity of the expanded and revised Gross Motor Function Classification System. *Developmental Medicine & Child Neurology*, 50 (10), 744-50 and in the GMAE-2 scoring software. <a href="http://motorgrowth.canchild.ca/en/GMFCS/resources/GMFCS-ER.pdf">http://motorgrowth.canchild.ca/en/GMFCS/resources/GMFCS-ER.pdf</a>

A LYING AND ROLLING

B SITTING

C CRAWLING AND KNEELING

D STANDING

E WALKING, RUNNING, & JUMPING

Α	В	С	D	Ε		0	1	2	3	NT		
	22.				SIT ON MAT, SUPPORTED AT THORAX: lifts head midline,							1@1
					maintains 10 seconds							II@1
	21.				SIT ON MAT, SUPPORTED AT THORAX: lifts head upright,							III @ 1 IV & V
					maintains 3 seconds							all ages
10.					PR: lifts head upright							
2.					SUP: brings hands to midline, fingers one with the other							
6.					SUP: reaches out with R arm, hand crosses midline							
	18.				SUP, HANDS GRASPED BY EXAMINER: pulls self to sitting with							
					head control							
7.					SUP: reaches out with L arm, hand crosses midline							
	23.				SIT ON MAT, ARM(S) PROPPING: maintains 5 seconds						<b>◆</b>	III @ 2
	24.				SIT ON MAT: maintain, arms free 3 seconds							"" @ 2
	25.				SIT ON MAT WITH SMALL TOY IN FRONT: leans forward,							
					touches toy, re-erects without arm propping							
	34.				SIT ON BENCH: maintains, arms and feet free, 10 seconds							
	27.				SIT ON MAT: touches toy placed 45° behind child's L side,							
					returns to start							
	26.				SIT ON MAT: touches toy placed 45° behind child's R side,							
					returns to start						_	
	30.				SIT ON MAT: lowers to PR with control							III @ 3
		39.			4 POINT: maintains, weight on hands and knees, 10 seconds							II @ 2
		41.			PR: attains 4 point, weight on hands and knees							
			53.		STD: maintains, arms free, 3 seconds							
				67.	STD, 2 HANDS HELD: walks forward 10 steps							
		36.			ON THE FLOOR: attains sit on small bench							
			52.		ON THE FLOOR: pulls to STD at large bench							
		48.			SIT ON MAT: attains high KN using arms, maintains, arms free,							
					10 seconds							
		40.			4 POINT: attains sit arms free							
		44.			4 POINT: crawls or hitches forward 1.8 m (6')							
		43.			4 POINT: reaches forward with L arm, hand above shoulder							III @ 4
	<u></u>			<u> </u>	level							II @ 3
		42.			4 POINT: reaches forward with R arm, hand above shoulder							1@2
					level							
	31.				SIT ON MAT WITH FEET IN FRONT: attains 4 point over R side							
	37.				ON THE FLOOR: attains sit on large bench							
				65.	STD, 2 HANDS ON LARGE BENCH: cruises 5 steps to R						•	11@4
	32.				SIT ON MAT WITH FEET IN FRONT: attains 4 point over L side							III @ 5 and older
				66.	STD, 2 HANDS ON LARGE BENCH: cruises 5 steps to L							and older
			54.		STD: holding on to large bench with one hand, lifts R foot, 3							
			F0		Seconds	-					-	
		4-	59.		SIT ON SMALL BENCH: attains STD without using arms							
		45.			4 POINT: crawls reciprocally forward 1.8 m (6')							

A LYING AND ROLLING

B SITTING

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D STANDING

E WALKING, RUNNING, & JUMPING

Α	В	С	D	Е		0	1	2	3	NT		
			55.		STD: holding on to large bench with one hand, lifts L foot, 3 seconds							
	35.				STD: attains sit on small bench							
		46.			4 POINT: crawls up 4 steps on hands and knees/feet							
				68.	STD, 1 HAND HELD: walks forward 10 steps						•	1@3
		51.			HIGH KN: KN walks forward 10 steps, arms free							11@5
			62.		STD: lowers to sit on floor with control, arms free							
			56.		STD: maintains, arms free, 20 seconds						•	
			63.		STD: attains squat, arms free							1@4
			64.		STD: picks up object from floor, arms free, returns to stand							
			61.		HIGH KN: attains STD through half KN of L knee, without arms							
			60.		HIGH KN: attains STD through half KN of R knee, without arms							
				69.	STD: walks forward 10 steps						•	Tuer
				70.	STD: walks forward 10 steps, stops, turns 180°, returns							II @ 6 and older
				72.	STD: walks forward 10 steps, carrying a large object with 2 hands							
				84.	STD, HOLDING 1 RAIL: walks up 4 steps, holding 1 rail, alternating feet							
				85.	STD, HOLDING 1 RAIL: walks down 4 steps, holding 1 rail, alternating feet							
				78.	STD: kicks ball with R foot							
			57.		STD: lifts L foot, arms free, 10 seconds						_	
			01.	79.	STD: kicks ball with L foot							
				71.	STD: walks backward 10 steps							
			58.	7 1.	STD: lifts R foot, arms free, 10 seconds							
			00.	73.	STD: walks forward 10 consecutive steps between parallel lines 20 cm (8") apart						•	1@5
				77.	STD: runs 4.5 m (15'), stops & returns							and older
				75.	STD: steps over stick at knee level, R foot leading							
				76.	STD: steps over stick at knee level, L foot leading						_	
				80.	STD: jumps 30 cm (12") high, both feet simultaneously						_	
				74.	STD: walks forward 10 consecutive steps on a straight line 2 cm						_	
				/ 7.	(3/4") wide							
				81.	STD: jumps forward 30 cm (12"), both feet simultaneously							
				88.	STD ON 15 cm (6") STEP: jumps of, both feet simultaneously							
				86.	STD: walks up 4 steps, alternating feet							
				87.	STD: walks down 4 steps, alternating feet							
				82.	STD ON R FOOT: hops on R foot 10 times within a 60 cm (24") circle							
				83.	STD ON L FOOT: hops on L foot 10 times within a 60 cm (24") circle							
	•	•	•	•		-	•	•	•		-	