

Family Engagement in Research



Engagement & Self-Reflection Tool

This tool is designed to strengthen relationships and enhance engagement, through promoting self-reflection across members of a research team and enriching discussions across teams. There are three components to this tool:

1. A Goal Setting Document

- Designed to be used at the onset of the project, however can also be used to support groups who need a re-set midway through a project.
- To be completed independently, and can be shared with the project lead and/or team.

2. A Check-In Document

- Designed to be used at various intervals throughout the project. This document can be completed by each member of the team to measure against the goals established at the beginning of the research study, and reflect on their experiences in the project thus far. Frequency of use will depend on the project.
- To be completed independently, and can be shared with the project lead and/or team.

3. A Facilitation Guide

- Designed to be used by the project lead(s) after group members have independently completed the check in document, as a way to facilitate discussion across the team (about reflections). It includes suggestions for leading questions that can open the dialogue and a place to record meeting notes.