# The ICF Framework<sup>1</sup> and the F-Words<sup>2</sup>

### **Body Structure and Function**



Everyone needs to stay fit and healthy both physically and mentally. Help me find ways to keep fit.

Fitness

# Activity



I might do things differently but I CAN do them. How I do it is not important. Please let me try!

# Functioning

# Participation



Having friends is important. Please give me opportunities to make friends.

# Friends

#### **Environmental Factors**



My family knows me best and I trust them. Listen to them. Talk to them. Hear them. Respect them.

# Family

### Personal Factors



Life is about having fun. Please help me do the activities that I find the most fun.

#### Fun

### Future

I am growing up every day, so please find ways for me to participate and be included in my community.

For more information visit the F-words Knowledge Hub: www.canchild.ca/f-words





# 1) World Health Organization. (2001) International Classification of Functioning, Disability and Health (ICF)

2) Rosenbaum P & Gorter JW. (2012). The 'F-words' in childhood disability: I swear this is how we should think! *Child Care Health Dev*; 38.