The ICF Framework and the F-Words

2) Rosenbaum P & Gorter JW. (2012). The 'F-words' in childhood disability: I swear this is how we should think! Child Care Health Dev, 38.

Body Structure and Function
- Everyone needs to stay fit and healthy, both physically and mentally! Help me find ways to keep fit.
  - Fitness

Activity
- I might do things differently but I CAN do them. How do it is not important. Please let me try!
  - Functioning

Participation
- Having friends is important. Please give me opportunities to make friends.
  - Friends

Environmental Factors
- My family knows me best and I trust them. Listen to them. Talk to them. Hear them. Respect them.
  - Family

Personal Factors
- Life is about having fun. Please help me do the activities that I find the most fun.
  - Fun

Future
- Please find ways for me to participate and be included in my community.

For more information visit the F-words Knowledge Hub: www.canchild.ca/f-words

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