

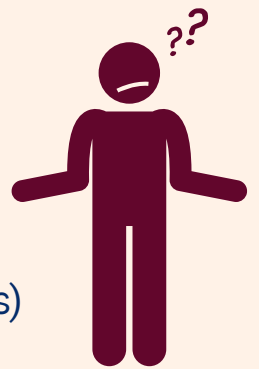
YOU MATTER

PARTNER IN RESEARCH

WHAT IS RESEARCH?

Research is not just scientists in lab coats! It's...

- Finding answers to questions together
- Seeking ways to enhance well-being
- Creating new services and improving current ones
- Done by diverse teams (researchers, assistants, families)
- Approved with safety and respect in mind



REASONS TO JOIN

- Add your diverse ideas
- Meet others
- Learn about health
- Practice English
- Great for your resume
- Impact lives



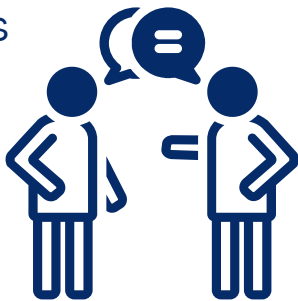
YOUR ROLE

- No training needed
- You can learn about and help with:
 - Planning the study
 - Getting others to join
 - Running the study
 - Reviewing the data
 - Sharing the results
- Help a little or help a lot



TALKING TO RESEARCHERS

- Ask for an interpreter if needed
- Make a list of questions
- Ask for help getting to a clinic/office
- Speak up for your needs and wants



HOW TO JOIN?

- Look at local and online networks like www.reachbc.ca
- Pick topics that matter to you



WHO IS THE EXPERT?

Researchers are experts in science, but you're the expert in your life experience. Your diverse insights matter.