

's F-words Agreement



By:

Age:

☺ Please consider these things when we work together ☺

FUNCTIONING - I want to do stuff!

It may not matter if I don't do it like everyone else!

FAMILY - They know me best and I trust them to do what's best for me.
Listen to them. Talk to them. Hear them. Respect them...

FITNESS - Everyone needs to stay fit and healthy and I am no different.
I might need to use different ways of getting fit and staying fit and
need help to do this...

FUN - Whatever floats my boat!!.....

FRIENDS - to meet, get to know, have fun with, to learn with, to grow old with....

FUTURE - The future is Now - Tomorrow is what I make of today.
I don't want opportunities to pass me by. Help me achieve what I can today.

Thank you