PREPARE TO SHARE

Thinking of Sharing Your Health or Caregiving Experie

While it can be an empowering experience to sha your story, it's important to prepare to share.

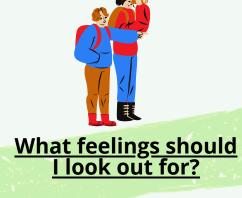
This tool has reflection prompts and reminders for you as you explore the path to partnership.

Each prompt has an associated link with additional information or resources.

















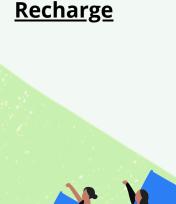






Know your value.
You are the expert.





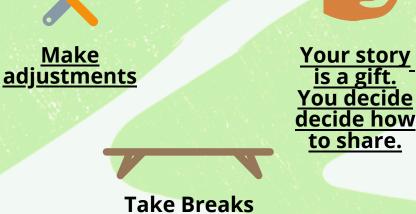












environment?







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