

The ICF Framework¹ and the 'F-Words'²



Uzima

Watu wote na mimi pia tunahitaji uzima wa mwili. Tumia mbinu za kinisaidia kupata uzima.



Utendaji

Mimi hutenda mambo yangu tofauti na wengine. Lakini hiyo sio muhimu. Tafadhal wacha nijaribu mwenyewe!



Marafiki

Ni muhimu mtoto kuwa na marafiki. Nipe nafasi nipate marafiki wa rika langu.

Body Structure and Function

Activity

Participation



Environmental Factors

Jamaa

Jamaa wangu wananielewa vizuri Zaidi. Naamini watanitendea mema. Ongea nao, wasikilize na uwaheshimu

Personal Factors

Burudani

Watoto hupenda mchezo na burudani. Hivyo ndivyo wao huelewa mambo na kukomaa. Nisaidie nipate burudani ninayoipenda mwenyewe.



Siku za usoni

For more information visit the F-words Knowledge Hub:

www.canchild.ca/f-words

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