CEREBRAL PALSY: My Favourite Words

1

UTENDAJI

Mimi hutenda mambo yangu tofauti na wengine. Jinsi ninavyofanya sio muhimu. Tafadhali wacha nijaribu mwenyewe!

2

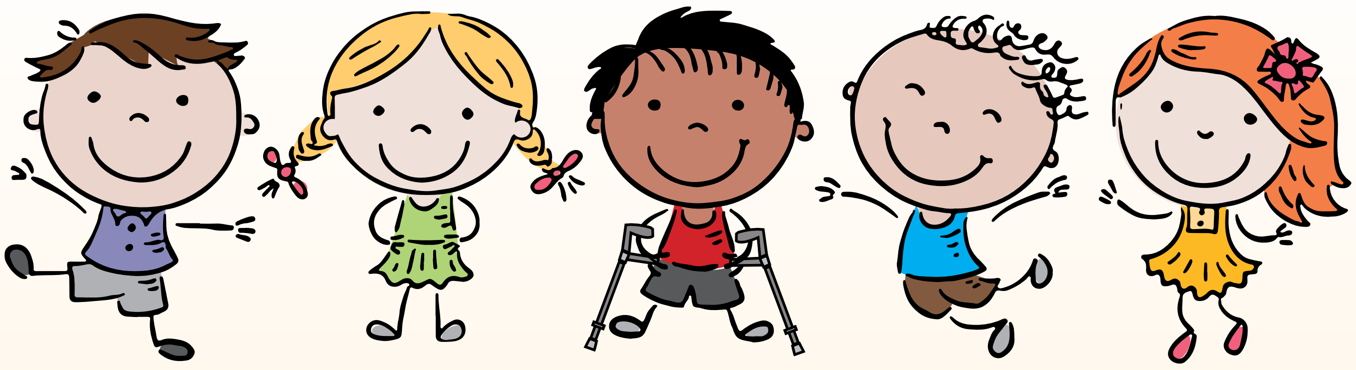
FAMILIA

Familia yangu wananielewa vyema zaidi. Naamini watanitendea mema. Ongea nao, wasikilize na uwaheshimu.

3

UKAKAMAVU

Watu wote pamoja na mimi tunahitaji ukakamavu wa mwili. Tumia mbinu za kunisaidia kupata ukakamavu.

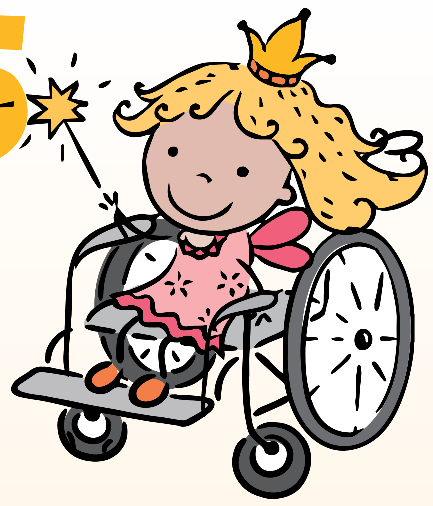


4

MARAFIKI

Ni muhimu mtoto kuwa na marafiki. Nipe nafasi nipate marafiki wa rika langu.

5



BURUDANI

Watoto hupenda michezo na burudani. Hivyo ndivyo wao hujifunza na kukua. Nisaidie nipate burudani ninayoipenda mwenyewe.

6

SIKU ZA USONI

Siku moja nitakuwa mkubwa kwa hivyo tafuta njia za kunisaidia niwe huru na niweze kushiriki kijamii.

CanChild
www.canchild.ca

World Cerebral Palsy Day
worldcpday.org

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Based on Rosenbaum, P. & Gorter, J.W (2012), The 'F-words' in childhood disability: I swear this is how we should think! Child: Care, Health and Development, (38) 4. Visit https://www.canchild.ca/en/research-in-practice/f-words-in-childhood-disability for more resources.
Translation by Dr. P Samia, Dr. Susan Wamithi and Dr. Edward Kija

WORLD CEREBRAL PALSY DAY
OCTOBER 6