

## Ease of Caregiving for Children Measure (Version 2)

### **Description:**

The Ease of Caregiving for Children is a parent-completed measure of how difficult it is for them to safely help their children participate in activities of daily living.

### **Instructions for Parents/Caregivers:**

Please think about HOW DIFFICULT it is for YOU to SAFELY HELP YOUR CHILD to do activities of daily living.

When thinking about how difficult it is for you, please consider the following things:

- Safety
- Physical demands on you
- Your confidence about providing the help
- The time needed to complete the activity

You have 5 choices for answering the questions on the next two pages. Under each question, there is a space for you to provide comments and share your experiences relevant to each item, if any.

These are the choices and their description for answering the questions:

5	<b>No help is needed</b>	Your child does the activity of daily living without the help of an adult.
4	<b>No difficulty</b>	You help your child and you have no difficulty providing help.
3	<b>A Little difficulty</b>	You help your child and you have only a little difficulty providing help.
2	<b>Somewhat difficult</b>	You help your child and providing help is somewhat difficult.
1	<b>Very difficult</b>	You help your child and providing help is very difficult.

CHOOSE THE ANSWER THAT DESCRIBES YOUR EXPERIENCE HELPING YOUR CHILD.

<b>HOW DIFFICULT IS IT FOR YOU TO SAFELY HELP YOUR CHILD.....</b>	<b>No help is needed 5</b>	<b>No difficulty 4</b>	<b>A little difficulty 3</b>	<b>Somewhat difficult 2</b>	<b>Very difficult 1</b>
Ease 1: to move at home and in the community?					
<u>Comments:</u>					
Ease 2: to position for sleeping?					
<u>Comments:</u>					
Ease 3: to position for feeding?					
<u>Comments:</u>					
Ease 4: to position for bathing?					
<u>Comments:</u>					
Ease 5: to position for playing?					
<u>Comments:</u>					
Ease 6: to put on / take off clothing?					
<u>Comments:</u>					

<b>HOW DIFFICULT IS IT FOR YOU TO SAFELY HELP YOUR CHILD.....</b>	<b>No help is needed 5</b>	<b>No difficulty 4</b>	<b>A little difficulty 3</b>	<b>Somewhat difficult 2</b>	<b>Very difficult 1</b>
Ease 7: to put on / take off an orthosis or brace? CHECK HERE IF THIS IS NOT APPLICABLE					
<u>Comments:</u>					
Ease 8: to bathe / clean and tidy?					
<u>Comments:</u>					
Ease 9: to use the potty or toilet, or for you to change his/her diapers?					
<u>Comments:</u>					
Ease 10: to eat? <i>For this item, if your child does not take any nourishment by mouth, please rate how difficult it is for you to provide nourishment through tube-feeding.</i>					
<u>Comments:</u>					
Ease 11: to drink? <i>For this item, if your child does not take any liquid by mouth, please rate how difficult it is for you to provide nourishment through tube-feeding.</i>					
<u>Comments:</u>					
Ease 12: to get in and out of a car / van / bus?					
<u>Comments:</u>					

**Instructions for Therapists:*****Scoring:***

- To calculate the *scaled score*, sum the raw scores on the 12 items and use the scoring table to determine the scaled score.
- If item 7 is not applicable, assign a score of (5) for the item

***Missing Answers:***

- Therapists are encouraged to review the measure with parents to minimize missing answers. However, if there are missing answers, please refer to the following rules:
  - If one or two items are not answered, calculate the average rating across the answered items and assign this value for the missing answer(s).
  - If more than two items are not answered, do not calculate a scaled score. Scores for the answered items can be considered for planning service needs.

***Collaboration with Parents:***

- Therapists are encouraged to review parents' comments within the questionnaire, discuss their priorities and concerns and to decide on any particular focus for services and supports to address parents' needs. Therapists may use the box below to document their notes.

**Notes From Therapist and Parent Discussion:****Scoring Table**

Summed Score	Scaled Score	Summed Score	Scaled Score	Summed Score	Scaled Score
60	100.0	43	46.3	26	32.4
59	87.9	42	45.3	25	31.6
58	80.6	41	44.3	24	30.8
57	75.6	40	43.3	23	30.0
56	71.5	39	42.5	22	29.0
55	68.0	38	41.5	21	28.1
54	64.9	37	40.8	20	27.1
53	62.3	36	39.9	19	25.9
52	59.9	35	39.1	18	24.6
51	57.8	34	38.3	17	23.2
50	55.9	33	37.6	16	21.4
49	54.2	32	36.9	15	19.2
48	52.7	31	36.2	14	16.0
47	51.2	30	35.4	13	10.7
46	49.8	29	34.7	12	0.0
45	48.6	28	34.0		
44	47.4	27	33.2		

SUMMED SCORE	
SCALED SCORE	

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**Reference:**

Alghamdi, MS., Chiarello, L., Avery L., Palisano R. (2019). Ease of Caregiving for Children: re-validation of psychometric properties of the measure for children with cerebral palsy up to 11 years of age. *Developmental Neurorehabilitation*. Advance Online Publication

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